


This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>BREAKFAST</u></b>				
<b><u>Choose one:</u></b> Cereal Variety Assorted Muffins French Toast Sticks	<b><u>Choose one:</u></b> Cereal Variety Breakfast Burrito Mini Pancakes	<b><u>Choose one:</u></b> Cereal Variety Breakfast Pizza Mini Donuts	<b><u>Choose one:</u></b> Cereal Variety Buttermilk Bars Dutch Waffle	<b><u>Choose one:</u></b> Cereal Variety Pancake Sausage Stick Banana/Chocolate Breakfast Bar
<b><u>Choose one or more:</u></b> Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk
<b><u>Breakfast includes: whole grain-rich entrée, whole grain-rich/reduced sugar cereal, fresh fruit, and milk. Students must take 3 items. One item must be at least 1/2 cup fruit.</u></b>				
<b><u>LUNCH</u></b>				
<b><u>Choose one:</u></b> Pizza Pocket Chicken Strips Cheeseburger w/Chips	<b><u>Choose one:</u></b> Hot Ham & Cheese w/Chips Tamale Galaxy Pizza	<b><u>Choose one:</u></b> Turkey Gravy w/Mashed Potatoes French Bread Pizza Chicken Burger w/Chips	<b><u>Choose one:</u></b> Baked Chicken w/Cheesy Potatoes Ham & Cheese Sub w/Chips Galaxy Pizza	<b><u>Choose one:</u></b> Orange Chicken Bowl Western Bacon Burger w/Chips Pizza Pocket
<b><u>Choose one or more:</u></b> Seasoned Potato Wedges Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Mini Salad Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Seasoned Potato Wedges Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Mini Salad Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk	<b><u>Choose one or more:</u></b> Seasoned Potato Wedges Fruit/Veggie Bar 100% Fruit Juice Fat Free or 1% Milk
<b><u>Lunch includes these 5 components: whole grain-rich entrée, meat, vegetable, fruit and milk. Most entrees count as 2 components (protein &amp; grain). Students must take at least 3 components. One component must be at least 1/2 cup fruit or vegetable.</u></b>				
*Beef Entrée **Chicken Entrée ***Meatless Entrée ****May Contain Pork	Daily Milk Choices: Non-Fat White 1% White Non-Fat Chocolate	MENU SUBJECT TO CHANGE 	Reminder!! Applications accepted on-line at: <a href="http://www.ezmealapp.com">www.ezmealapp.com</a>	Reminder!! Payments accepted on-line at: <a href="http://www.ezschoolpay.com">www.ezschoolpay.com</a>

Breakfast  
Reduced-.30¢  
Paid-\$1.85

Lunch  
Reduced-.40¢  
Paid-\$2.60